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## Medication to avoid prior to surgery

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Certain medicines that you may be taking before your surgery may cause excessive bleeding during your operation. In turn the excessive bleeding could compromise the ultimate outcome of your operation. It is therefore important to avoid any of the medications listed below for at least 14 days before and after your operation.

If you are in doubt about whether it is safe to stop anyone of the medicines listed below, please contact your local doctor (or the specialist who prescribed the medication) as to whether it is safe to stop the medicine.

### **NON-PRESCRIPTION**

Aspalgin  
Aspirin  
Aspro Clear  
Diclofenac  
Dispirin  
Ibuprofen  
Neurofen  
Neurofen Plus  
Solprin

### **PRESCRIPTION**

Apixaban- Eliquis  
Celebrex  
Clopidogrel- Iscover/ Plavix  
Dabigatran- Pradaxa  
Dipyridomole- Persantin/ Asasantin  
Enoxaparin /Clexane  
Mobic  
Pentoxifylline- Trental  
Ticagrelor- Brilinta  
Ticlopidine- Ticlid  
Voltaren  
Warfarin- Coumadin/ Marevan  
Rivaroxben- Xarelton

**\*\*Always check the label: Other products may contain aspirin or salicylates\*\***

### **HERBAL AND NATURAL PRODUCTS THAT MAY CAUSE BLEEDING**

Fish Oil  
Garlic supplements  
Ginger supplements  
Ginkgo Biloba  
Ginseng  
Norwest  
St John's Wort  
Vitamin E